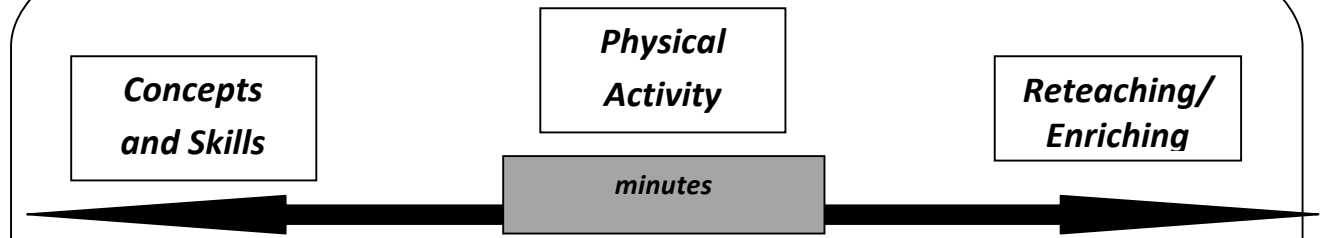


# MCSO Instructional Framework

*The Montrose and Olathe Schools' instructional framework provides teachers with a structure from which to plan their lessons as well as a way to address individual student needs. The goal of our framework is to move students to an independent level of mastery.*

## Standards Based Education

### Physical Education



*An effective physical education framework includes opportunities for students to learn concepts and skills and participation in physical activity from moderate to vigorous levels.... instruction around concepts and skills emphasizes purpose (content and performance), teacher modeling, guided practice, productive group work, and checking for understanding. Physical activity is focused on improving fitness for individual students as well as building a lifelong habit for physical fitness*

Concepts and Skills  
Based on Gradual Release of Responsibility  
(Universal, Targeted)

Whole Group Instruction  
"I do"  
Modeling  
Demonstrations  
Think Aloud

Small Group Instruction  
"We do"  
Guiding to mastery

Individual/Team/Pairs  
"You do"

Body Awareness  
Spatial Awareness  
Quality of Movement  
Relationships

Physical Activity  
Moderate to vigorous activity level

Includes:  
A variety of activities  
Builds on previous skills  
Is a progression of learning experiences throughout the entire year or course.

Team Sports  
Individual Sports  
Lifetime Skills  
Fitness  
Movement Skills

Enrich and Reteach  
(Universal, Targeted, Intensive)  
"Differentiation based on what a student needs"

Assessment based  
Focused on what student/group of students needs

Checklists  
Interviews  
Observations  
Self-Assessment  
Peer Assessment  
Re-Evaluate